

SEPTEMBER 2018



9.15.18 - 10.15.18


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>3</p>	<p>4</p> <p>Stuffed Pepper Cass. Broccoli Fruit</p> <p>SS. Salad Bar</p>	<p>5</p> <p>French toast stix Eggs Hash Browns Fruit</p> <p>SS. Salad Bar</p>	<p>6</p> <p>Mac & Cheese Peas Roll</p> <p>SS. Salad Bar</p>	<p>7</p> <p>Veggie burgers Fries Mixed Veggies</p> <p>SS. Salad Bar</p>
<p>10</p> <p>Spaghetti Green Beans Fruit</p> <p>SS. Salad Bar</p>	<p>11</p> <p>Potato Cass. Green Beans Fruit</p> <p>SS. Salad Bar</p>	<p>12</p> <p>Sloppy Joes Fruit Small Salad</p> <p>SS. Salad Bar</p>	<p>13</p> <p>Corn Dogs Cheese Tots or S.S. Peppers Small Salad or Fruit</p> <p>SS. Salad Bar</p>	<p>14</p> <p>Strawberry Waffle Scrambled Eggs Hash Browns</p> <p>SS Breakfast Patties</p>
<p>17</p> <p>Pizza Garlic Bread Small Salad</p> <p>SS. Salad Bar</p>	<p>18</p> <p>Sub Sandwich Chips Nacho Cheese Fruit</p> <p>SS. Salad Bar</p>	<p>19</p> <p>Burger Roast Mashed Pot. & Gravy Broccoli & Roll Fruit</p> <p>SS. Salad Bar</p>	<p>20</p> <p>Prime Stake Baked potato Broccoli</p> <p>SS. Salad Bar</p>	<p>21</p> <p>Haystacks Fruit</p> <p>S.S. Guacamole SS Salad Bar</p>
<p>24</p> <p>Chicken Parmesan Corn Garlic Bread Small Salad or Fruit</p> <p>SS. Salad Bar</p>	<p>25</p> <p>Quesadilla Corn Sour cream & Salsa Small Salad or Fruit</p> <p>SS. Salad Bar</p>	<p>26</p> <p>Popeye Spaghetti Bread Sticks Small Salad or Fruit Fruit</p> <p>September Bdays</p>	<p>27</p> <p>French toast stix Eggs Hash Browns Fruit</p> <p>SS. Salad Bar</p>	<p>28</p> <p>Hotdogs Chili</p> <p>SS. Salad Bar</p>

Plate Price K-4 \$3.85

Plate Price 5-12 \$4.35

Fruit & Veggie with PS

Available Daily

- Juice
- Milk
- Silk
- Bottled Water
- Yogurt
- Bagel w/ cream cheese
- Cereal & Milk
- PBJ sandwich \$2.10
- Muffin \$1.60
- Small Salad \$1.25
- Large Salad 2.25
- Fresh/canned Fruit \$.80
- Vegetables \$.80
- Snacks \$1.20

Dairy Free and Gluten Free Available upon request.

SOME OF THE SALAD BAR OPTIONS

- Romaine Lettuce
- Spinach/ Cucumbers/ Eggs/
- Olives/ Carrots/
- Beans/ Cheese/ Dressing

**SS=side special*

**PS=plate special*

S.V.A. CAFETERIA LUNCH MENU