

OCTOBER 2018



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY


1	2	3	4	5	
Homemade Coffee Cake Scrambled Eggs Hash Brown Fruit	Pizza Small Salad Fruit	Scallops Baked potatoes Green Beans Fruit	Haystack Fruit S.S. Guacamole	Mac & Cheese Peas Roll Fruit	
8	9	10	11	12	
COLUMBUS DAY NO SCHOOL 	Pancakes Scrambled Eggs Hash Browns Fruit or Small Salad	Quesadilla Sour cream & Salsa Small Salad Fruit	Fri Chik Rice Green Beans Fruit	Special K. Roast Mashed Potatoes Corn Fruit	
	15	16	17	18	
	Chik Patty Burger French Fries Fruit Small Salad	Baked Potato Bar Broccoli Fruit	Grilled Cheese Tomato soup Small Salad or Fruit	Breakfast Burrito Sour Cream Salsa Small Salad or Fruit	Chik Noodle Cass. Peas Roll Fruit
	22	23	24	25	
Spaghetti Meat Balls Broccoli Fruit	French Toast Scrambled Eggs Hash Brown Fruit	Broccoli Cheese & Rice Cass. Roll Small Salad or Fruit October Birthdays 	Haystack Fruit S.S. Guacamole	Lasagna Green Beans Fruit Roll SS Cheese Bread Stix	
28	29	30	31	1	
Veggie Burger French Fries Fruit Small Salad	Fettuccine Alfredo Bread Stix Peas Fruit	Egg Mc SVA Hash Brown Fruit	Pizza Small Salad Fruit S.S. Garlic Cheese Bread	Chili Corn Muffin Fruit Small Salad	

Plate Price K-4
\$3.85

Plate Price 5-12
\$4.35

Available Daily

- Juice
- Milk
- Silk \$1.80
- Bottled Water
- Yogurt
- Bagel w/ cream cheese
- Cereal & Milk
- PBJ sandwich \$2.10
- Small Salad \$1.25
- Large Salad \$2.25
- Fresh or canned Fruit \$.80
- Vegetables \$.80
- Snacks \$1.20

Some Salad Bar Options:

- Romaine lettuce
- Spinach/ cukes/ eggs
- Olives/ Carrots/Beans
- Cheese/ Dressing

Available Upon Request
Gluten/Dairy Free

S.V.A. CAFETERIA LUNCH MENU