


MONTH BLACK HISTORY

FEBRUARY 2019

AMERICAN HEART MONTH



CHILDREN'S DENTAL HEALTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
4	5	6	7	8	<p>K-4 \$3.85 5-12 \$4.35 Available Daily</p> <ul style="list-style-type: none"> Juice Milk Silk Bottled Water Yogurt Bagel w/ cream cheese Cereal & Milk PBJ sandwich \$2.10 Muffin \$1.60 Small Salad \$1.25 Large Salad 2.25 Fresh/canned Fruit \$.80 Vegetables \$.80 Snacks \$1.20 <p>SALAD BAR</p> <ul style="list-style-type: none"> Romaine lettuce Spinach/ cukes/ eggs Olives/ Carrots/Beans Cheese/ Dressing <p>AVAILABLE UPON REQUEST</p> <ul style="list-style-type: none"> Dairy Free Gluten Free <p><i>SS = side special</i></p>
French Toast Scrambled Eggs Hash Brown Fruit	Scallops Baked Potato Green Beans Fruit	Mac & Cheese Broccoli Fruit Roll	Quesadilla Sour Cream & Salsa Corn Fruit	Potato Corn Chowder Roll Salad Fruit	
11	12	13	14	15	
Pancakes Scrambled Eggs Hash Brown Fruit or Small Salad S.S. Sausage Links	Stroganoff Roll Peas Fruit February Birthdays 	Haystacks Fruit S.S. Guacamole	Burger Roast Mashed Potatoes Gravy Green Beans Roll <i>Happy Valentine's Day</i>	Grilled Cheese Tomato Soup Fruit or Small Salad	
<div style="background-color: #0056b3; color: white; padding: 10px;"> <h2 style="margin: 0;">Winter Break</h2>  </div>					
21	22	25	26	27	
Prime Steak Baked Potato Mixed Veggies	Fri Chik Casserole Peas Roll Fruit	Mac & Cheese Broccoli Fruit Roll	Special K Roast Mashed Potato Corn Fruit Roll	Pizza Small Salad Fruit	
28					
Broccoli Cheese & Rice Cass. Roll Small Salad or Fruit					



CAFETERIA LUNCH MENU