

October 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Plate Price K-4 \$3.85 Plate Price 5-12 \$4.35 <i>*SS = side special</i> Fruit & Veggie with P.S. Available Daily <ul style="list-style-type: none"> Juice Milk Silk Bottled Water Yogurt Bagel w/ cream cheese Cereal & Milk PBJ sandwich \$2.10 Muffin \$1.60 Small Salad \$1.25 Large Salad 2.25 Fresh/canned Fruit \$.80 Vegetables \$.80 Snacks \$1.20
30 Special K Roast Mashed Potatoes Corn Roll	1 Fri Chik Rice Green Beans Fruit	2 French Toast Scrambled Eggs Hash Brown Fruit	3 Mac & Cheese Broccoli Fruit Roll	4 Chik Nuggets Smiley Fries Mixed Veggies Fruit	
7 Potato Casserole Peas Fruit Roll	8 Orange 'Chicken' Rice Broccoli Fruit	9 Lasagna Green Beans Fruit Breadstick S.S. Cheese Breadsticks	10 Quesadilla Sour cream & Salsa Small Salad Fruit	11 Veggie Burger French Fries Fruit Carrots	
14  Columbus Day	15 Baked Potato Bar Broccoli Fruit	16 Breakfast Burritos Small Salad or Fruit	17 Haystacks Fruit S.S. Guacamole	18 Hot Dog Chili Fruit Small Salad	
21 Burger Roast Mashed Potatoes Gravy Mixed Veggies Roll	22 Fettuccine Alfredo Bread Stix Peas Fruit	23 Prime Steak Herb-Roasted Potatoes Carrots Fruit	24 Broccoli Cheese & Rice Cass. Roll Fruit  <i>Happy Birthday</i> Oct. Birthdays	25 Grilled Cheese Tomato Soup Fruit or Small Salad	
28 Pizza Small Salad Fruit	29 Chik Patty Burger French Fries Fruit Small Salad	30 Bean & Cheese Burritos Sour Cream Salsa Corn	31 Strawberry Waffle Scrambled Eggs Hash Brown Fruit	1 Minestrone Soup Salad Breadstick Fruit	

S.V.A. CAFETERIA LUNCH MENU