



# September 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<b>Plate Price K-5</b> <b>\$3.85</b> <b>Plate Price 6-12</b> <b>\$4.35</b> <i>*SS = side special</i> <b>Fruit &amp; Veggie with P.S.</b>  <b>Available Daily</b> <ul style="list-style-type: none"> <li>• Juice</li> <li>• Milk</li> <li>• Silk</li> <li>• Bottled Water</li> <li>• Yogurt</li> <li>• Bagel w/ cream cheese</li> <li>• PBJ sandwich \$2.10</li> <li>• Small Salad \$1.25</li> <li>• Large Salad 2.25</li> <li>• Fruit \$.80</li> <li>• Vegetables \$.80</li> <li>• Snacks \$1.20</li> </ul> <i>Dairy Free and Gluten Free Available upon request.</i>
2 	3 Breakfast Burritos Small Salad or Fruit	4 Sub Sandwich Fruit Salad	5 Chicken Parmesan Corn Garlic Bread Fruit	6 Lasagna Green Beans Fruit Roll	
9 Fri Chik Casserole Peas Roll Fruit	10 Quesadilla Sour Cream & Salsa Corn Fruit	11 Broccoli Cheese & Rice Cass. Roll Small Salad or Fruit	12 Spaghetti 'Meat'balls Breadstick Green Beans Fruit	13 Prime Steak Herb-Roasted Potatoes Peas Fruit	
16 Strawberry Waffles Scrambled Eggs Hash Brown Fruit	17 Skallops Mashed potatoes Green Beans Fruit	18 Popeye Spaghetti Breadstick Fruit or Small Salad  <b>Sept Birthdays</b> 	19 B-B-Q Sandwich French Fries Salad Fruit	20 Hot Dog Baked Beans Fruit Small Salad	
23 Enchilada Casserole Spanish Rice Mixed Veggies Fruit	24 Pizza Small Salad Fruit	25 Burger Roast Mashed Potatoes Gravy Peas Roll	26 Haystacks Fruit  S.S. Guacamole	27 Grilled Cheese Tomato Soup Fruit or Small Salad	

## S.V.A. CAFETERIA LUNCH MENU